**SCDSB Invitational**

**Date:** Wednesday May 9, 2018

**Location:** Metro Toronto Track and Field Centre/ York University

**Awards:** Ribbons to Top 3 Finishers

**Eligibility:** This meet is open to high school athletes only. All athletes must be entered through their high school and supervised by a teacher throughout the duration of the event.

**Entry Fee:** Individual events are $5.00 per athlete per event

 Relay events are $10.00 per event

**TEAM MAX OF $300** (Cheque made payable to Bear Creek Secondary School.

 \*\* Entry fee must be paid at package pick-up on arrival. No package will be given without payment. Do not send payment through the mail.

**Entry Deadline:** All entries are due via [www.trackdatabase.com](http://www.trackdatabase.com) no later than 6pm on Friday May 4, 2018. The meet code is **HQW16E**

**Officiating:** Each school must supply one official. Please email preference to

Val Hargreaves at vhargreaves@scdsb.on.ca

**Field Events:** Due to the large number of entries, athletes will only get 3 attempts in field events.

**Safety:** Athletes are not to be practicing shot put, discus, or javelin anywhere but the designated throwing area and only when the meet official is present. Only competing throwers and officials should be inside of the designated throwing area.

**Schedule Of Events** **Track**

**8:00 am** – **Registration**

**9:00 am** – **300m Hurdles: OG/MB/JB/SB** *(No 400m Hurdles, Just 300m)*

 **(TIMED FINALS)**

**Steeplechase: OG/OB**

**Medley Relay (400m/200m/200m/400m): OG/OB**

**4x800m: OG/OB**

**100m: PARA/SB/JB/MB/MG/JG/SG (TIMED FINALS)**

*(100m and Sprint Hurdles at same time using both 100m straights – note reverse orders in the 100m to avoid any conflicts in Sprint Hurdles)*

**Sprint Hurdles: OG/MB/JB/SB** (**TIMED FINALS)**

**3000m: OG/OB**

**4x100m Relay: MG/MB/JG/JB/SG/SB**  **(TIMED FINALS)**

**FIELD EVENTS**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **High** | **Long** | **Long** | **Triple** | **Triple** | **Shot** | **Discus** | **Javelin** | **Pole** |
| **APPROX** | **Jump** | **Pit #1** | **Pit #2** | **Pit #1** | **Pit #2** | **Put** |  |  | **Vault** |
| **9:00 am**  | **MB****And** **JB** | **SG** | **JG** | **SB** | **SB** | **SG** | **MB****JB** | **SB** | **OB** |
| **11:00 am** | **SG** | **MB** | **JB** | **MG** |  | **MG****JG** | **SB** | **MB****JB** | **OG** |
| **1:00am** | **MG****JG** | **SB** | **SB** | **SG** | **MB** | **MB****JB** | **MG****JG** | **SG** |  |
| **3:00 am** | **SB** |  | **MG** | **JB** | **JG** | **SB** | **SG** | **MG****JG** |  |

**http://www.trackdatabase.com/**

Meet Name: SCDSB Invitational

Meet Code: **HQW16E**

Meet Date: May 9, 2018

Entry Close Date: **May 4, 2018 @ 06:00 pm**

**If this is your first meet with the Track Database online entries:**

*(Returning Users, see below)*

Select ‘Register’ from the menu on the left to bring you to the registration page that will allow you to register your team. On your first visit to the registration system you will need to provide all the information required. OFSAA & CISAA have restricted modification abilities as much of their information is generated automatically.

Registration now uses a username and password, the username you create must be unique and cannot be changed. This username and password can be shared between the coaching team to allow multiple coaches to do registrations for segments of the team.

When you enter team data, be sure to use an email address which is checked often as any communication with either the meet convener, or trackdatabase.com will likely be time sensitive. Using the online entry system, your entries will be emailed to you prior to the entry close date in order to allow you time to review your entries and make any changes needed. These dates are set by your convener and should be noted in your meet package.

**Returning Users:**

Select ‘Login’ from the menu on the left and use the username and password from your

previous meet(s).

**Joining a Meet:**

To join a new meet, select ‘Join Meet’ from the left menu. You will be prompted to enter the meet code provided by the convener. After entering this code and clicking the join meet button you will be added to the meet and it will now appear on your meet homepage.

**Adding your entries:**

The sign-up for relays is located under the "Athlete" heading. Select ‘Relay Entries’ to access to those events. It is automatically added to your entries list. Registering athletes for relays is done here as well.

For all other events, you can select them in the edit view for each athlete, check the box

beside the event to register for it, clicking submit at the bottom of the page will save the data entered. Seed times may optionally be entered for running events in the box provided.

**Copy Entries:**

After choosing the meet to edit, click the “copy entries” button, located at the top of the entries listing. This will bring up a form to select the meet you would like to copy the entries from. After selecting the source meet, a listing of all the athletes and entries from your team will come up, click the box beside the entries you would like to copy and click copy entries. The system will alert you if any of the copied entries are for events that don’t match the current meet, or would violate entry limits.