**SIMCOE COUNTY SPORTS’ PLAYING REGULATIONS**

**CROSS-COUNTRY RUNNING**

**1. Simcoe County Guideline Category:** Preparatory Meets

**2. Season:** September to October

**3. Location of Finals and Date:** Not applicable

**4. School Classification and Levels:** Open to all schools for both Girls and Boys

Novice, Junior, and Senior

**5. League Structure and Play-offs:** (including tie-breaking procedures)

Number of Preparatory Meets in schedule per school: 4 meets

Number of dates involved for play-offs (for winner): not applicable

(a) League Structure:

(i) Meets will be hosted as follows:

Barrie - Sunnidale

Orillia - Horseshoe

Midland - Little Lake (off week)

Wasaga Beach - Blueberry Trails.

1. Qualifiers for GBSSA must compete in a minimum of two of the four meets.

1. There must be a record of the athletes competing in each event.
2. There must be a record of the finishing position of the athletes competing in each event.

1. Possible number of competing schools: 30

(b) League Competition and Meet Results:

1. The race organizer must publish a complete set of race results, with all finishers’ names ranked. Racers not finishing must be included in this list (DNF). A copy of the results must be sent (ASAP) to the convenor. Other copies are to be distributed to coaches at the following week’s Meet.
2. A school team in any division may have an unlimited number of runners. Scoring for teams will be awarded on a 10-8-6-5-4-3-2-1 basis for places 1st through 8th respectively. Team ties will be broken on the basis of the 4th place runner. A school may receive points for only one team in places 1st through 8th in each race. All additional teams will receive 1 point awarded towards the “overall” team total ONLY “for the season”.

All other teams in each race earn 1 point for participation.

1. Individual Scoring: 1st = 10 points

2nd = 8 points

3rd = 6 points

4th = 5 points

5th = 4 points

6th = 3 points

7th = 2 points

8th = 1 point

1. Team Scoring: 1st = 10 points

2nd = 8 points

3rd = 6 points

4th = 5 points

5th = 4 points

6th = 3 points

7th = 2 points

8th = 1 point

1. Overall Scoring: the overall total will be the sum of all the team totals and all the participation points for each school.

**6. Overall Season’s Standings:**

(a) Team: The season’s standings will be determined by the cumulative totals of the team totals in each class from the four meets.

(b) Individual: same as above.

(c) Overall: The overall standings for the season will be determined by the cumulative total of the overall totals from the four meets including participation points.

**7. Start Times:**

See the General Guidelines;

Secondary School Athletic Activities Operating Parameters, as per the SCDSB

**8. Date for Declaring Number of Teams and Classification:**

Intent to compete and classification level is to be declared prior to scheduling for that season, as determined by the calendar committee.

**9. Convenorship Rotation:**

Convenors are appointed for a two-year term.

The rotation is by volunteer and then by appointment based on school convening roles.

**10. Eligibility:** as per the GBSSA Constitution (By-Law 2, Sections 1 to 13).

1. Schools must file completed, signed OFSAA Hub eligibility lists (containing the level of competition, names, ages, and birth dates of the competitors, and the required signatures) with the SCAA chair and regional/district convenor no later than 24 hours prior to the first competition. Note that any points earned by competitors of schools that have not filed eligibility lists will be forfeited (loss).

1. Eligibility Lists **MUST BE SEPARATED** INTO BOTH age and gender categories.

1. Any competitor changes require 24-hour notice prior to that competitor’s first competition in each sport.
2. All competitors must comply with the GBSSA transfer policy and procedure.
3. All novice competitors must be under 14, as of January 1st prior to the start of the school year. All competitors are permitted only one year of midget eligibility, and it must be in year one of high school.
4. All junior competitors must be under 15, as of January 1st prior to the start of the school year.
5. All senior competitors must be under 19, as of January 1st prior to the start of the school year.

**11. Expenses:**

1. A league fee of up to $50.00 will be charged to each competing school to cover the cost of races and league awards.
2. Convenors may charge a levy to cover administrative expenses (telephone, fax, postage, photocopying, paper, etc.). This levy is to be shared by all schools in the competition and will be collected as part of the activity competition fee.
3. The total administration levy is not to exceed $50.00.
4. The convenor will create a yearly financial statement to be used to set the following year’s fees

**12. Rules and Officials:**

1. As stated in the OFSAA Regulations.

(b) Individuals involved with moving course markers during the meet will be disqualified for the season.

**13. Uniforms and Equipment:**

1. Runners MUST wear identifiable school jerseys.
2. Runners MUST wear school tops as the outer-most layer of clothing throughout the whole race.
3. No runner shall wear personal electronic devices (I-pods, MP3’s, etc.) during the race.

**14. Awards:**

At the conclusion of the fourth league meet, points will be awarded based on the total of the four races.

* 1. (i) Individual: medals for the top 3 runners in each division, ribbons for 4th to 8th place. An athlete can only receive an individual award in one age category.

1. Teams: medals for the top 3 teams in each division with at least 5 runners; ribbons for 4th to 6th place
2. Trophy: for the top team at the end of the season
3. **Protest Procedure:**

1. On the day of the Meet, protests should be made, in writing, to the Meet organizer/official. All protests will be dealt with immediately by the following:

(i) the convenor or designate

(ii) the Meet organizer

(iii) a neutral coach

1. Protests may be lodged on items not under the jurisdiction of the officials or the GBSSA Board of Reference.
2. All protests must be made within 24 hours of the incident, by phone, to the league convenor and followed by a written report within three (3) school days to the league convenor.
3. The SCAA Jury of Appeal will deal with protests.