**SIMCOE COUNTY SPORTS’ PLAYING REGULATIONS**

**NORDIC SKIING**

**1. Simcoe County Guideline Category:** Preparatory Meets

**2. Season:** December to the end of February.

**3. Location of Finals and Date:** There will be No Simcoe County Final.

GBSSA will be approximately two weeks before OFSAA

**4. School Classification and Levels:** Open to all schools

Boys and Girls

Junior and Senior

**5. League Structure and Play-offs:** (including tie-breaking procedures)

(a) Number of eligible dates in schedule per school: four (4) preparatory Meets.

(b) Number of dates involved for finals: one (1) GBSSA Championship Meet ONLY.

(c) The Meets are open to all schools in Simcoe County.

(d) No qualifying meets are required.

Entries to the GBSSA meet will be automatic.

Competition may be offered in the following categories:

Junior Boys’ Team Senior Boys’ Team

Junior Girls’ Team Senior Girls’ Team

Junior Combined Team Senior Combined Team

Individual competition is permitted.

Teams consist of 5 skiers; a minimum of 4 skiers. Relay teams consist of 3 skiers.

(e) Race Length: Jr. Girls : 4 + or - 1 km

Sr. Girls/ Jr. Boys : 5 + or - 2 km

Sr. Boys : 10 + or - 2 km

Relays : less than individual race lengths

(f) Scoring is as per the GBSSA Constitution, Sport Playing Regulations.

**6. Start Times:**

See the General Guidelines.

Secondary School Athletic Activities Operating Parameters, as per the SCDSB

**7. Date for Declaring the Number of Teams and Classification:** Declaration must be made in accordance with the deadline date for entries to the GBSSA convenor.

**8. Eligibility:** as per the GBSSA Constitution (BY-LAW 2, Sections 1 to 13).

1. Schools must file completed, signed OFSAA Hub eligibility lists (containing the level of competition, names, ages, and birth dates of the competitors, and the required signatures) with the SCAA chair and regional/district convenor no later than 24 hours prior to the competition. Any competitor changes require 24-hour notice prior to that competitor’s first competition in each sport.
2. All competitors must comply with the GBSSA transfer policy and procedures.
3. All junior competitors must be under 15 years of age, as of January 1st prior to the start of the school year.
4. All senior competitors must be under 19 years of age, as of January 1st prior to the start of the school year.

**9. Expenses:**

Convenors may charge a levy to cover administrative expenses (telephone, fax, postage, photocopying, paper, etc.). This levy is to be shared by all schools in the competition and will be collected as part of the activity competition fee. The total administration levy is not to exceed $50.00.

**10. Rules and Officials:** The Canadian Ski Council and FIS Rules will be used.

Both staff and student officials are required.

**11. Uniforms and Equipment:** As per the GBSSA Constitution, Sport Regulations.

**12.** **Awards:** The sponsor(s) of each Meet supplies the awards.

**13. Protest Procedure:**

(a) A jury of coaches and the Meet convenor at each Meet will deal with protests.

(b) Protests may be lodged on situations not under the jurisdiction of the officials or the GBSSA Board of Reference.

(c) All protests must be made within 24 hours of the incident, by email, to the league convenor and followed by a written report within three (3) school days to the league convenor.

(d) The SCAA Jury of Appeal will deal with protests.

**14. Convenorship Rotation:**

Convenors are appointed for a two-year term.

The rotation is by volunteer and then by appointment based on school convening roles.